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Daniel Boone and Davy Crockett needed nothing more, As the years roll by the people care less for corn and more for meat. Crockett and Boone shot deer, bear, sheriff. wild turkeys and squirrels because they had to have meat for feed.

There are many people in Tombstone who imagine that there is something lacking in each meai if meat is not part of the menu. Meat has its food values and is one of the main articles of diet but it is not the only thing. Meat eating is a good bit of a habit. Gorging oneself with meat is wrong. Meat is essential but with it should go a plentiful supply of vegetables, fruits and cereal products.

There are very few people who ever get really hungry. That gnawing at the stomach is not always a sign of hunger. Frequently it is caused from the effects of over-eating. In other words a form of indigestion is present and causes the owner of the stomach to imagine that he needs food. His stomach needs a rest.

It has been aptly remarked that for a man to be really hungry he must be able to run down a jack rabbit in order to secure his meal.

Those leading sedentary lives need little meat. Those who work hard in the open find their systems able to take care of heavier meals.

Eggs are high priced now but it is always found that that is the very time people crave them. If eggs are selling at twenty-five cents per dozen no one wants them. They are too cheap and are supposed to cheapen the eat-

Milk, eggs, cheese, beans, peas and potatoes contain food values not included in meat. Compare the calories in a quart of whole milk with that of a pound of lean beef ger. and see if you are not surprised.

If you insist on eating meat don't eat it for breakfast and stew it at noon and try to do without at dinner time. The soldiers can use all the meat you do not eat.

THE GRAHAM COUNTY AFFAIR

(Phoenix Republican)

We do not believe that a majority of the people of this state are of the opinion that Arizona, as matters now stand, has any means of punishment adequate for the not a sinecure and the pay is not good in many counties, a man after Theodore Roosevelt's seeking employment under false repopular young woman has cast a three men who murdered the three officers in Graham so be charitable in your criticism when matters do not beart. He is the proud father of resentations. county last Sunday unless the federal government should appear to be going to suit you. take jurisdiction after their capture, says the Arizona Republican. It was a wanton massacre, added to the crime of evading the draft.

We are sure that no considerable part of the right thinking population of this state will be satisfied with the confinement of these men in more or less ease, comfort and distinction in the state prison nominally for life, but really for a few years, until the edge of the horror and resentment of the populace has been dulled by corroding

In the case of one of these murderers, Sisson, it has been bloodily demonstrated that the moral and benign influences of the prison did not benefit him. He was paroled, the authorities doubtless believing that he had been restored and that a good citizen had been made of a man who had shown a tendency toward criminality.

Graham county contributed, we believe, to the narrow majority by which the indifferent voters of Arizona permitted, in the way of an experiment, capital punishment to be abolished a year ago last fall. We cannot escape a feeling of curiosity as to the result of a plebiscite in that county on that question now.

A MOVE TO EXPEDITE COURT BUSINESS

(El Paso Herald)

quick action on his measure to establish another federal court in Arizona. The suggestion was made only re-tleman in the woodpile somewhere. cenfly and already the senator has had his bill passed by the senate. With this good start, the new court may be considered almost as good as established.

The principal benefit is not merely to relieve Arizona's one overworked jederal judge, W. H. Sawtelle, of money to raise and it can not be raised by bankers but to expedite the court's business in the interest of the alone, says Secretary McAdoo. The banks of this counpublic and to effect a saving of time and money. It is estimated that the saving of money now paid out for caring for prisoners over periods of months until the court have to continue the war. can consider their cases would go far toward paying the country can not do it alone; the men of this country can not do it alone; the women of this that have immense giant case. For many years Colonel Doran was of Arizona, having been constructed in 1864 and were the headquarters of this country can not do it alone; the women of this that have immense giant case. There are two solid rock being constructed in 1864 and were the headquarters of this country can not do it alone; the women of this that have immense giant case. There are two solid rock being constructed and the country can not do it alone; the women of this that have immense giant case. There are two solid rock being constructed and the country can not do it alone; the women of this that have immense giant case. There are two solid rock being constructed and the country can not do it alone; the women of this country can not do it alone; the wom through a session at Tucson and goes thence to Globe. Prisoners have been accumulating at Globe, Phoenix and Prescott, while the court has been in session at Tucson. Selfish interests, thinking only of the supremacy of right that he introduced the bill providing the country can not do it alone; the women of this tus plants growing like a pine for the politics in Arizona. It was in the of General Crook during his ladian est all over them and being held by the roots grown down into the rock that he introduced the bill providing the country can not do it alone; the women of this tus plants growing like a pine for the supremacy of right. The barracks consist of several country can not do it alone; the women of this tus plants growing like a pine for the supremacy of right. Prescott, while the court has been in session at Tucson. They will have been held at the government's expense a long time before the court reaches Phoenix and Prescott and by the time the Prescott docket has been cleared, it is found that a number of prisoners have been held a long time at Tucson.

miles from Globe to Prescott. By dividing the state to mix it with.

TOMBSTONE EPITAPH into two districts, with one court holding sessions at GARDNER LOGS TOMBSTONE Tucson and Globe and the other at Phoenix and Pres- BENSON-TUCSON ROAD cott.court business will be greatly expedited, long dockets cleared and the total cost to the government made little if any greater than it is at present.

THE HAZARDS OF A SHERIFF

Says the Nogales Herald:

Sometimes one wonders why men aspire to be sheriff or town mashal and whether they are influenced by another trip to Tucson and back via 1 notice with interest the experithe allurment of salary or actuated by public service motives. If a sheriff wants the job for the money he effect the rains and snow had on travelling overland, and will say in the hill at Bootlegger's Cut one or the travelling overland, and will say in the boxes rolled off. It is considered WERE YOU EVER REALLY HUNGRY?

There was a time when a man with a good rifle and twenty pounds of corn could manage to live for a year.

The sheriff has his deputies but the two barbers, who twenty pounds of corn could manage to live for a year.

The sheriff has his deputies but the two barbers, who this connection, that I know two parties, not the two barbers, who after being given the log of the sometimes just a slight blow to set The deputies share in the hazards of the office but the removal of rocks and a complete road via Vail. Benson and Tombit off. Should the box have explod-

There are men in every county who violate the laws; to go to Colossal Cave, or to the 26 enced the same trouble at Rantano several tons, and the damage that There are men in every county who violate the laws, mile post from Tucson, the road is crossing. It is therefore evident would have resulted can only be conedly. The crimes committed through ignorance cost the good but from there to the Martinez that some of these people who go templated. taxpayers money. The assaults and homicides due to ranch house, the same old rocks and astray, do not pay very good attesbursts of uncontrollable temper mean years of heart- the same old brush and trees are tion to the turning off points, after DIES IN MIAMI FROM aches and the criminal who plans his murder or burglary doing duty but at that you can get they have been given the direction. frequently causes the death of peace officers who have through pretty well, and that it is sworn to carry out the mandates of the law.

ison to the hazardous calling. If they do their duty they twelve cars coming from the west are frequently criticized and what comes to them for failure to detect criminal acts needs no space here.

test comes in a crisis. When a man hunt is on there is no sidestepping the issue. There must be no delay and on my there must be no sign of temerity. It is a case of get road and took my time to make picthe man. Little difference if the murderer is barricaded behind rocks or logs or alongside an ambushed trail the sheriff or peace officer must seek out the criminal tinez ranch house. It is a wondereven though his body is used as a target for 30-30 bullets. tally beautiful drive over head and

The hiding criminal has all the advantages. He is sideways, but a little work on the in a position to watch the hunters. Behind his defense road would help the pleasure of the son over Globe as the next meeting the settlement of the strike for some he views the approach of the officers and when the eye drive, gets two sights focused on the man there is another crime From the postoffice in Tucson to ter. American Mining congress adadded. The peace officer did not falter even though he the Colossal Cave road is exactly journed Saturday evening. Conknew that he was on a trail of death and behind each twenty-six miles and the next mark. tinued efforts will be made to check bowlder there might lurk a human renegade eager to ing place is the ranch house of a the decline in copper production. The Nogales Herald says: snuff out a life with the mere pressure of a practiced fin- very interesting rancher by the through solving the problems at-

Graham county officers did not die in vain although tormer Texan who has been "out ores to assure a larger output than she passed away at St. Joseph's the worthless carcasses of their murderers will not in west over thirty years. The day it has been possible to treat at the hospital at 7:30 this morning. She any way bring solace to the families and community, before I had the pleasure of meeting present metal price. Endorsement had been ill of pneumonia for a number of weeks and all that loving ject lesson before the Powers boys reach a haven of safe-It may not come before this is printed but it will long back in the sixties, while a possible projected with all vigil-

Peace officers have a duty to perform and it is done. resident of Texas. He don't look ance from possible attempts at their and her memory will always be held Many of the best acts done by a sheriff or other officer it. The Arizona climate has pre damage by alien enemies and pro in reverence by a large circle of are not a matter of gossip. The job of being a sheriff is served him most kindly. Ellia is German sympathizers finding or friends. The passing away of this

ARE THE PACKERS PROFITEERING?

The investigation into the packing industry is threat- ranch where you split a corral in ing to bring things to light, practices that have been al- two and pass down a narrow lane Carthy, formerly employed as book- gales; a sister, Mrs. M. A. Austin leged and denied many times. The most serious accu- 37 miles from Tucson. Then you keeper for Roy and Titcomb, and one of Oakland, Cal., a brother, W. T. sation against them is that the five leading firms have di- cross the Southern Pacific track on of the survivors of the Ill-fated Tus- Roach, of Nogales, and a niece, Miss vided the territory of the country for buying purposes, each firm refusing to purchase from the territory of the Mansion Hotel in Benson your speed which was torpedoed recently by a Choat was born in Oakland, Cal., others, thus completely eliminating competitive buying, ometer records 50.6 miles. From the Martinez ranch to Benson the an Irish hospital. McCarthy was The funeral services will be held ten denied. The investigation now going on, however, road is in good shape but from Ben- not badly injured according to re- Sunday afternoon in the Episcopal has pretty well established the fact.

The packing industry is one of the most important tion of the last three miles it in the country, and in justice to both the packers and the good, the road from Benson to Curpeople the full truth of the matter should be brought to the better than I have ever light. If the charges are unfounded, the country should seen it. There is one wash be know it, that justice may be accorded these concerns up-on which we are so greatly dependent. But if they have been using their great wealth and power for purposes of down a little. unlawful profiteering, then the Government should The fact that I made the trip to promptly penalize them and take over their property. Vail from Benson and back on moldthe establishment of the Pioneer's ed tires that had run two thousand home at Prescott, was supervisor of such a gigantic scale for the enriching of a few commercial brigands.

We sincerely hope the packers can prove a clean wash were thrown off the road and bill of health, but the fact that they have made desperate the brush and wash banks were cut Senator Henry F. Ashurst of Arizona has obtained efforts to stave off an investigation would lead the country to the conclusion that there must be an African gen-

A NATIONAL DUTY

The treasury of the United States has a great deal

The saving of traveling expense for the judge, officers of the court and witnesses will be a very important to buy all the sugar." It might just as well. With the whole country going "dry" there'll soon be nothing left

and trip to Tucson over the Benson which Mr. Estill says in part: route, A. H. Gardner of Tombstone, For your information will say the practically wiped Old Tombstone off one of the Cochise County Highway Pantano Crossing at Vail ought to the map resulted in only a damaged Commissioners, has submitted the be in pretty good shape at the pres- box of dynamite, when a box of the following, on a request of the log of ent time, as we gave Mr. Lockwood explosive fell off a loaded wagon

becoming a favorite route is evi-Most sheriffs receive small remuneration in comparmorning, while on my return trip 1 terested in road work than I am, injuries sustained when he was run

> On my return trip I logged the scenic drive from Vail to the Mar-

name of Elija Deever Harrington, a tending the mining of lower grade Choat will be grieved to know that ten children, all living.

From Tucson to the Harrington NOGALES BOY IS ONE OF ranch house it is 32 miles, and the SURVIVORS OF THE TUSCANIA Cruz county. next stopping place is the Martinez

that if the loose rocks of Pantano and died there, is the record of Collightfully charming section of what eventually will be the state highway from Douglas, Bisbee, Tombstone to

office in Tucson to the "wooden cop"

W. Estill, chairman of the Plana MAY HAVE BEEN County Board of Supervisors, re- SERIOUS EXPLOSION garding the condition of the Pantano Following his return from an over- Crossing will prove of interest, in

Your "road hound" has just made to have this Crossing taken care of, er were being moved from the maga-Vail to the point where you turn of straight out the Highway and experi on the wagons, which amounted to

and it is only the absolute absence over by a motor Saturday afternoon Peace officers are only men elevated to office. The thirty and one—all between Benson of funds, at present, that is responsible to the mine of funds and it is only the absolute absence over by a motor Saturday afternoom of funds, at present, that is responsible to the mine, cutting off both feet. sible for the lack of more improve-ment between Vail and the Cochise

MINE CONGRESS NAMES TUCSON FOR NEXT MEET

DOUGLAS. Feb. 18-Voting Tuc-

son to Tombstone with the excep ports, but suffered considerably from church at three o'clock, Rev. Geo.

DEATH SUMMONS

COLONEL DORAN

PHOENIX, Feb. 18-Introduced the bill in the legislature providing for onel Andrew J. Doran, whose death occurred at 4:30 o'clock on Friday morning. It was caused by cereso bad through that otherwise dehe suffered partial paralysis.

The exact distance from the post Arizona for forty-two years. He came to this state first in 1862, but until 1876. He was born in Ohio in

solid rock. This is a sight long to the administration of Governor Rich. stantial officers' quarters. A station asset to the new link in the state Some time ago, at the invitation of grounds. The last troops to on Mr. Gardner, the following letter with the history of which he has been time the grounds and builds

plosion yesterday which would have of Warren Bros. Company, orders Two wagon loads one behind the oth-

IS BELIEVED OVER HAYDEN, Feb. 16-Employes of the smelter here who have been out upon strike for the past few days, returned to work tonight at 11:30 o'clock. Federal Mediator Joseph S. Myers, who has just engaged in place, directors of the Arizona chap-days, will probably be in Phoenix concluded.

"The many friends of Miss Lillian is a prominent cattleman of Santa

NOGALES, Feb. 18-Warren J. Mc- mother, Mrs. F. A. Choat, of No-

riums for the treatment of soldiers The medical department's announcework would be started.

PHOENIX. Feb. 18-Whipple Barracks at Frescott, Ariz, has been selected by the medical department

Whipple Barracks lies about two 1840 and was 78 years old at the time vation. These barracks are inti-

seems without any dirt in sight and for the pioneers' home. He was massive stone barracks and more red and will prove an ard E. Sloan which ended in 1912, and postoffice were located on the